



Newsletter

Assembly Timetable

Week 8:	Whole School - 2PD & 2RF
Week 9:	No Assembly
Week 10:	Whole School – ANZAC Day (Year 5/6)

Dates to Remember

2 Apr	School Athletics Carnival
8-10 Apr	Year 5/6 Camp - Borambola
11 Apr	Whole School Photo (Years K-6) at 9.15am
12 Apr	Term 1 Ends
29 Apr	Term 2 Begins
1 May	School Cross Country
30 May	Hats Off

Notes Home

Due Back

Cross Country Carnival	9 Apr
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Executive Report

Dear Aranda Community,

Harmony Day

Last Thursday was a highlight for this term, and indeed for 2019, as we celebrated Harmony Day. Harmony Day began in 1999, coinciding with the United Nations International Day for the Elimination of Racial Discrimination. Each year, it is marked by people coming together and participating in local activities. The EAL/D report in this newsletter gives an excellent overview of the 2019 Harmony Day celebrations at Aranda.

Chess

Chess Club happens each Wednesday at lunch time and continues over the course of the week as students play each other on-line. We use a website specifically designed for children to learn and play chess to build the skills of our Chess Club members. Games may last a few minutes, or for days or even weeks. Come and join the fun and develop your ability to think deeply in order to solve problems.

Athletics Carnival

The Aranda Athletics Carnival is next week, on Tuesday 2 April. Students are asked to bring running shoes, warm clothes in house colours, a drink bottle, sun cream and food for the day. Bring your own lunch or order a Special Lunch from the Canteen. The events on the day will be:

8yrs - 70m, 100m, 800m
9yrs - 70m, 100m, 800m
10yrs - 100m, 200m, 800m, long jump, shot put, discus
11yrs - 100m, 200m, 800m, long jump, shot put, discus
12yrs - 100m, 200m, 800m, long jump, shot put, discus

There will also be some fun rotations, so everyone can participate.

The Seven General Capabilities

In addition to the eight Key Learning Areas you might have heard of, the Australian Curriculum includes seven General Capabilities. These are: Literacy, Numeracy, ICT Capability, Critical and Creative Thinking, Personal and Social Capability, Ethical Understanding and Intercultural Understanding. These General Capabilities are not extra content. Instead, each is an aspect of the curriculum that teachers consider when planning what they are going to teach. So a science unit would include aspects of literacy such as setting out a process in writing, as well as critically thinking about how to conduct a fair experiment and presenting the results using multimedia.

Over the next few months, Aranda teachers will be looking into the General Capabilities, commencing with a presentation on that topic next week. We will be considering ways to track the capabilities and ways we can use them to keep our programs broad, relevant and interesting.



Important Messages

2019 Grandfriends Day

Place this date in your calendars now. Grandfriends Day in 2019 will be held on Friday 20 September, starting at 11am with morning tea.

2019 School Fete

Save the Date – Saturday 26 October 2019 from 3-7pm

Uniform Shop

The Uniform Shop operates on Friday mornings, from 8.30am – 9.30am only. Please contact the Uniform Shop via email if you have any questions. apsuniformshop@gmail.com

Canteen

The Canteen operates from Wednesday to Friday. The Canteen can be contacted via email on arandacanteen@gmail.com or phone on 0459 599 114.

Medication at School

All student medication must be signed in by a parent/carer at the Front Office on arrival at school. Medication must be clearly labelled with the child's name and class. No medication is to be left in school bags during the day.

Newsletter Publication Deadline

Items for inclusion in the fortnightly newsletter must be emailed to info@arandaps.act.edu.au by 3.30pm every odd week on a Tuesday.

Anaphylaxis

Aranda Primary School is an ANAPHYLAXIS AWARE SCHOOL avoiding eggs and all nuts. Our policy is available on the website.

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Bidu-Bidu

Below are photos of Bidu-Bidu, the orangutan we sponsor at the Sepilok Rehabilitation Centre in Borneo. Included is an update we recently received about Bidu-Bidu's progress.



Bob Bannister
Executive teacher



BIDU-BIDU UPDATE

Date arrived at Sepilok Rehabilitation Centre	7th August 2013
Age on arrival	1 year old
Sex	Male
Weight on arrival	5kg

At 6 years old and now weighing a substantial 28.2kg, it is hoped that with a little more encouragement, Bidu-Bidu may soon be ready for his release into the wild.

As a bold and energetic individual, Bidu-Bidu is starting to spend more time away from his carers while he investigates the Kabili reserve, which surrounds the Sepilok rehabilitation centre. This is a great sign that Bidu is becoming less reliant on the care given to him at the nursery and his solo exploration will certainly set him in good stead for the future.

Despite his independent nature, even Bidu's confidence is occasionally tested. Often he finds the sudden downpours that occur in the rainforest very unpleasant and, due to his sensitive hearing, the loud claps of thunder are particularly frightening for him. During these storms Bidu will often race back to the nursery to seek comfort from his friends and carers. Storms are common in the jungle and Bidu will need to learn to face his fear and find ways to stay dry in the rain, such as by building a nest or making an umbrella out of leaves. Indeed, Bidu has recently been seen bending branches and leaves to form a nest and attempting to construct a leaf shelter to keep him dry, however he soon loses interest in this activity leaving his nest unfinished. While it is a great sign that Bidu is practicing his skills to keep him out of the bad weather, he must stay focused and finish his task if he is to do well in the forest.

Although some of his abilities may still need a little work, one thing Bidu needs no help with is foraging for his own food. Keen to try as many of the foods on offer as possible, he is always first in line to sample a new fruit or plant. Recently the langsung tree has come into season and Bidu has been sure to make the most of this new food source. The langsung tree is part of the mahogany family and bears round fruits similar in appearance to small potatoes. The white seeds inside are full of sugars and can provide essential energy for orangutans. Bidu's curiosity to try this new plant and his growing knowledge of trees and fruits in the forest is a very positive sign.

This young orangutan's lively personality has endeared him to many of the older males living in the Kabili reserve and Bidu loves nothing more than a play-fight with his friends. He will often chase them deep into the forest and revels in showing off his brilliant climbing skills. Never one to follow the rules however, Bidu's favourite way to travel is to cartwheel along the ropes and branches and he is keen to display the muscles he is developing. An orangutan's forearm muscles are specially evolved to give them more mobile wrist joints and to make the arms resistant to great forces, allowing them to swing effortlessly through the trees.

Will Bidu refine his skills enough to make the final step to freedom? Let's wait and see



EAL/D News

Last Thursday (21 March) was an amazing day. We celebrated Harmony Day in spectacular style. We started the day with the annual EAL/D Breakfast. Special thanks to all those who dressed up in national dress. It was so interesting to see the various colourful costumes and the children wearing them with such pride.

As the 9am bell went, some parents followed their children to class and spoke about what school was/is like in their country of origin. It was fascinating to hear about different school systems from around the world.

Well done to all those who dressed in orange - the official Harmony Day colour. Why orange? Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect. By choosing to wear something orange, we showed our support for cultural diversity and an inclusive Australia.

After our guest speaker talks, we got together with our buddy classes and enjoyed a *harmonious activity*. The Wallabies came down from Preschool to join us in parading our outfits. Melissa Alexander made a superb emcee. There were many stunning ensembles, drawing many 'oohs and aahs' from the crowd.

We are making an ever growing display with lots of pictures of the breakfast, parents speaking, buddies doing activities together and our parade.

The children summed it up best in answering the question - What was the best thing about Harmony Day?

I liked dressing up. I wore my special dress. (Noya – Kindergarten)

I liked it when Sebastian's mum and dad were talking about Mexico. They said they only go to school for half a day and 30 minutes play time. (Teghbir - Year 1)

I liked listening to Nia and Tyo's mum and dad speak because they told me about schools in Indonesia. If you do the wrong thing the teachers might pull your ears. (Samantha - Year 2)

I liked showing people my culture and my beautiful Spanish dress. (Valentina - Year 3)

I liked the parade best because it was really fun and I got to see everyone's clothing. (Umama - Year 4)

I liked how my dad did the talk about his school in Germany. Also, it was my birthday on the day, so I really liked the EAL/D breakfast. And I also liked Sandy's talk at breakfast. (Alex - Year 5)

I liked how everyone gathered together and enjoyed being different on Harmony Day. (Desiree - Year 6)

Umama wrote this piece about her country of birth, Pakistan. She came to Aranda Primary in Year 1 and is now in Year 4.

Pakistan is a very beautiful country with a lot of greenery and amazing food. Lots of places are really famous in Pakistan because of their beauty. Northern areas of Pakistan have the world's most beautiful places for visiting. This part of the country is famous all around the world because of the sky high mountains, beautiful lakes and amazing wildlife.

There are four provinces in Pakistan. One of them is the Province of Punjab. The Province of Punjab is the centre of education and employment activities and it has fertile land. Lahore is the capital city of Punjab. Lahore is centrally situated and generally known as the heart of Pakistan. It is truly, in many ways, a rare city. Lahore is famous for its historical background. Minar-e-Pakistan is one of them. Minar-e-Pakistan was built to commemorate the day when the Pakistan Resolution was passed on 23 March 1940.



Nude Food Day!!!

By Iona, Annie and Emma

Starting from Week 1, Term 2 on Tuesdays, Aranda Primary School shall be launching the new weekly Nude Food Day competition. Nude Food Day is a fantastic way to ensure that no plastic is allowed in our school, let alone harm the environment.

First up the G-force will be hosting a competition to decide the name of this fantastic idea! If you want to enter, students in Years K-2 will receive a note and Years 3-6 will get a link on Seesaw. Here are some examples for names, 'Weekly No Rubbish' and 'Trash Free Tuesday', but please try and make up your own.

It works like this: Everyone tries to not bring any plastic on Tuesday every week. Every class will be given a PAPER bag in which they will be storing any soft plastic that children in that class bring for recess or lunch. The class with the least amount of plastic in their bag will be given points. At the end of the term, the class with the most points will get a special prize. Remember, no cheating and please be honest about the amount of plastic in your lunchbox.

Kind Regards,
The G-force Team

Jump Rope for Heart

Jump Rope for Heart is a fantastic physical activity and fundraising program that has been run by the Heart Foundation for over 35 years. It's a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$75 million for the Heart Foundation's lifesaving work.

It's important you **register your child online**, so they can receive the full benefits of the program and participate in online fundraising, simply follow this link <https://jumprope.heartfoundation.org.au/register>

Students will be skipping *throughout the term in PE lessons and during lunch break*. During this time you can share their online fundraising page with family and friends to help raise money for this great cause.

We will hold our school Jump Off Day on 28 May 2019. This will mark the end of the program and is a chance for everyone to come together to skip and show off their newly learned skills.

Thank you for supporting the Jump Rope for Heart program.

Heart Foundation
Jump Rope for Heart



Aranda Primary School



ARANDA PRIMARY 50TH BIRTHDAY FETE

FOOD | FUN | FRIENDS | FAMILY

26 OCTOBER 2019 3-7PM

GET INVOLVED!

The Aranda P&C is looking for a huge team of volunteers to:

- Help out on stalls
- Set up and cook on the BBQ
- Help with set-up and clean-up
- Help with selling drinks and food

Do you have a **BRILLIANT IDEA** for a stall?
Send it to the fete committee

If you can help to make this an incredible fete,
please email your details to:
arandafete@gmail.com



Scholastic Book Club

Issue 2 of the Scholastic Book Club catalogue has been sent home with your child/ren.

HOW TO ORDER

The Book Club will be accepting orders and payments online – this means **no forms or money need to be returned to school**. Orders are submitted through the LOOP (Linked Online Order & Payment) platform on the Scholastic website, <http://www.scholastic.com.au/schools/bookclub/>, or via the LOOP app.

Orders are due by **29 March 2019**.

WHAT IS SCHOLASTIC BOOK CLUB?

The Book Club is a great way to encourage reading. Once a term, students will bring home a book club catalogue with a different selection of books offered for all ages.

You'll find award-winning books and bestsellers, as well as old and new favourites. The books span a wide range of children's reading levels and interests.

HOW DOES ARANDA PRIMARY SCHOOL BENEFIT?

Each order helps earn free books and teaching materials for the school, however there is never any obligation to order.

QUESTIONS?

Please remember, the Book Club is run by parent volunteers and is independent of Aranda Primary School. If you have any questions, please contact: arandascholasticbookclub@gmail.com.



Aranda Music and Arts Program

If you are interested in enrolling in lessons please send an email inquiry to info@arandamusicprogram.org or submit an enrolment form, and we can advise whether there are vacancies or a waiting list.

To enrol please complete and submit your details at the AMA website: www.arandamusicprogram.org.

Aranda Music and Arts Program is a sub-committee of the Aranda Primary Parents and Citizens Association. It's run by a committee of volunteer parents. The Program incorporates music, drama and art lessons. If you have any questions about the program or would like to be part of this fun and productive committee please contact your AMA tutor coordinator, contact us at info@arandamusicprogram.org or go to our website at www.arandamusicprogram.org.

Vacancies

We have the following vacancies for individual lessons (30 minute lessons) and group lessons:

Instrument	Day/Time of Vacancy
Guitar	Fridays 4.45pm and 5.15pm Wednesdays 5.15pm Thursdays 4.45pm and 5.15pm
Violin	Mondays 5.15pm
Singing	Mondays 5.15pm
Introduction to Music (Kindy & Year 1s)	Wednesdays 3-4pm
Continuing Music (Year 1s who've done Introduction to Music & Year 2s)	Tuesdays 3-4pm

Guitar – Secondhand

A smaller size guitar (perfect for primary school age) & the music stand. They are in good condition. Cost \$50. Please email info@arandamusicprogram.org if you are interested in purchasing the guitar.



ANZ·Hot·Shots·Tennis¶ Holiday·Program¶

15—18·APRIL·2019¶

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Age:·6·years·old·and·above¶

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Price:·\$40·Half·Day¶

→\$60·Full·day¶

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When:·Monday—Thursday¶

→ → ·9:00am—12:00pm → → (Half·Day)¶

·9:00am—3:00pm → → (Full·Day)¶

Where:·Belconnen·Tennis·Club¶

·Halloran·Close,·Macquarie·¶

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To·enrol·or·enquire·¶

contact·Jeff·Gray·via·email:¶

tennis@btccoaching.com¶





Delivering the NDIS in your community



**NEED HELP WITH NDIS - ECEI (0-6)?
NEED HELP TO LINK WITH COMMUNITY SUPPORTS?**

Drop-in to NDIS-EACH on Thursdays.

NDIS-EACH is available to answer your questions about the Early Childhood Early Intervention (ECEI) framework, NDIS and to help link you to mainstream and community supports.

We invite you to meet with a friendly coordinator who can help you:

- Find out more about NDIS access and eligibility
- Understand how to use your NDIS plan
- Utilise the NDIS myPlace Participant Portal
- Learn more about how you can self-manage your NDIS funding
- Find and engage providers to help you meet your goals
- Link to mainstream and community services

WHERE:

NDIS-EACH OFFICE

26 Weingarth Street, Holder ACT

WHEN:

Thursday 4th April 9.30am – 10.30am
Thursday 11th April 9.30am – 10.30am
Thursday 18th April 9.30am – 10.30am

Section Break (Continuous)

**CALL NDIS-EACH TODAY TO FIND OUT MORE
1300-003-224**