



YEAR 2 HEALTH – FOOD & ME

Dear Parents and Carers,

This term students in Year 2 have been participating in the Food & Me nutrition unit. To consolidate their learning, students will be participating in a food preparation activity on Monday, 18 September 2017. Students will observe as I make mini wraps, using the ingredients listed below. Students will then have an opportunity to taste the wraps.

Please complete and return the bottom section of this page if you give permission for your child to participate in this activity and **return it by Monday, 18 September 2017** to your child's classroom teacher.

MINI WRAP INGREDIENTS:

- Flat bread
- Reduced fat cream cheese
- Sweet chilli sauce
- Cucumber
- Carrot
- Spring onion
- Lettuce
- Red capsicum

Sincerely,

Lauren Jarvis

Health Teacher

I give permission for _____ (child's name) in
_____ (class) to participate in the mini wrap activity.

Please indicate if your child has any special dietary requirements below:

Parent Name: _____

Parent Signature: _____

Date: _____