



# First Aid in Schools



Thursday, 2 August 2018

## Year 6 Students First Aid in Schools

Dear Parent/Guardian,

Aranda Primary School students in years 5 and 6 are participating in the St John Ambulance (ACT) First Aid in Schools Program. This presentation is designed to give your child confidence in, and knowledge of, life saving skills. Year 6 students will cover the following topics:

- What first aid is
- A quick review of the DRSABCD Action Plan from last year
  - Danger
  - Response
  - Send for help
  - Airway
  - Breathing
  - CPR
  - Defibrillator
- How to recognise and manage heart attack
- How to recognise and manage stroke
- The first aid for a sprained wrist (including bandaging)
- How to tie a sling

**The program will take place on the 7<sup>th</sup> to 8<sup>th</sup> August and will be held at Aranda Primary School. There is no cost involved.** St John ACT funds the program through the sale of first aid kits and courses.

If you have any queries feel free to contact Twisty from St John ACT or your child's class teacher.

Kind regards,

Year 6 Teachers

**First Aid in Schools Coordinator:**

**Scott Gore-Johnson**  
**Community Education Supervisor**  
**St John Ambulance Australia (ACT) Inc**  
14 Thesiger Court (PO Box 72)  
Deakin West ACT 2600  
T: 02 6282 2399 F: 02 6282 4566  
E: [schools@stjohnact.com.au](mailto:schools@stjohnact.com.au)  
W: [www.stjohnact.com.au/schools](http://www.stjohnact.com.au/schools)

SUPPLIES • TRAINING • EVENTS • DEFIBS

We aim for at least one person educated, equipped & prepared to provide **First Aid** in every home, workplace & public gathering.

**ST JOHN AMBULANCE AUSTRALIA (ACT) INC**

ABN 12 003 741 878  
14 Thesiger Court (PO Box 72)  
Deakin West, ACT, 2600  
T 02 6282 2399  
F 02 6282 4566  
[admin@stjohnact.com.au](mailto:admin@stjohnact.com.au)  
[stjohnact.com.au](http://stjohnact.com.au)