Issue 16 28 August 2019

## **Newsletter**

## **Assembly Timetable**

Week 6: Junior -

Kindergarten (all)

Week 7: Senior – Year 3

(3CA & 3CT)

Week 8: No Assembly

Week 9: Grandfriends Day

Week 10: Whole School -

Year 4 (4JK & 4CW)

## **Dates to Remember**

4 Sept Basketball Finals

5 Sept Honeysuckle Creek - Year 2

10 Sept ACT Athletics Carnival AIS

10-11 AMA Recitals

Sept Preschool Questacon (M/T)

12 Sept Preschool Questacon (Th/F)

16-27

Sept Year 1 Swimming

17 Sept Choir, Citizenship Ceremony

Year 5/6

20 Sept Grandfriends Day

27 Sept Last Day of Term

26 Oct School Fete

Scan this QR code using the device you would like the school calendar to appear on.



## Notes Home Due Back

Voluntary Contributions
Honeysuckle Creek 30 Aug
Preschool Questacon 4 Sept
Swimming – Year 1 6 Sept
Choir, Citizenship 10 Sept
Ceremony – Year 5/6
Grandfriends Day Invite

Calendar Art Orders

## **Executive Report**

Dear Aranda Community,

Every school year seems to go by faster. I cannot believe we are past the half way mark for Term 3.

#### **Book Week Parade**

Last week, the school was full of colour and incredible characters and costumes. Our Book Week Parade was compered by the theatrically gifted Mellissa Alexander—or was it Dolores Jane Umbridge? The parade was a showcase of ingenuity and imagination. We were treated to a parade that included almost the entire cast of Harry Potter, along with Batman, The Joker, Iron Man, Catwoman, The Grinch, Tashi and some amazing chocolate bars Willy Wonka would have been proud of.

A special thank you to parents, grandparents and family members who assisted in the creation of such a special array of book themed outfits this year.

In a further celebration of Book Week, the Monday-Tuesday Preschool classes were invited to attend the launch of a picture book based on activities and iconic locations around Canberra. The book was written by author, Angela Ball, who happens to be one of our very talented Aranda Primary School Mums. Her book, *ABC the ACT* was launched at Civic Library on Tuesday 20 August, with Teo from Play School as the guest narrator. The Sugar Gliders and Dingoes had a spectacular time and were so excited to attend their first excursion of the year.

Here is a link to an article on Angela's book:

https://the-riotact.com/new-childrens-book-teaches-the-abcs-of-the-act/319321?utm medium=facebook&utm source=ra

#### **Science Fair Winners**

This week's Science Fair Prize Assembly allowed us to formally acknowledge the outstanding learning the students of Aranda have undertaken. All class groups and over 150 individual students participated in the Fair this year. Special congratulations go to the following students:

Highly Commended - Rupert O, Jayden R, Max H, Lilian R, Jaidah L, Abby McC, Rory S, Lily A, Frankie G, Owen E, Amal Amin M, Evan B, Ariadna I, Quentin B, Henry M, Ciara W, Emma K Sam K, Chrystina I, Heidi J.

Judges' Awards - Eloise McF, Matilda H, Nina L, Silke S, Liana S, Samantha T, Charlie B, Cooper M, Isaac P, Sebastian I

People's Choice - Sarin S

Judges' Encouragement - Tom K, Gus H

Board Presentation - Sylvie R, Lauren M, Tessa C, Emmy R

23 Sept



## **Important Messages**

## 2019 Grandfriends Day

Place this date in your calendars now. Grandfriends Day in 2019 will be held on Friday 20 September, starting at 11am with morning tea.

#### 2019 School Fete

Save the Date – Saturday 26 October 2019 from 3-7pm

#### **Uniform Shop**

The Uniform Shop operates on Friday mornings, from 8.30am – 9.30am only. Please contact the Uniform Shop via email if you have any questions. apsuniformshop@gmail.com

## Canteen

The Canteen operates from Wednesday to Friday. The Canteen can be contacted via email on <a href="mailto:arandacanteen@gmail.com">arandacanteen@gmail.com</a> or phone on 0459 599 114.

## Medication at School

All student medication must be signed in by a parent/carer at the Front Office on arrival at school. Medication must be clearly labelled with the child's name and class. No medication is to be left in school bags during the day.

## Newsletter Publication Deadline

Items for inclusion in the fortnightly newsletter must be emailed to info@arandaps.act.edu.au by 3.30pm every odd week on a Tuesday.

#### **Anaphylaxis**

Aranda Primary School is an ANAPHYLAXIS AWARE SCHOOL avoiding eggs and all nuts.
Our policy is available on the website.

Innovation - Oliver S, Enoch X

Speaking - Ali B, Harriett H, Huxley M

Class Projects - Kindergarten, 5/6JH

Overall Trophy Winners - Logchayaa K and Gemma P

Remember that all students who completed a project are encouraged to enter it into the SEAACT Science and Engineering Fair at https://seaact.act.edu.au/science-fair/

## **Satisfaction Survey**

School Satisfaction Survey information has been sent out to parents via email. If you didn't receive an email with the details on how to complete the survey, please get in touch with our Front Office staff. The surveys will be open until 2 September 2019. Your feedback is highly valued and is taken into account when we consider what's working well and where we need to focus our energies for improvement.

## **Just 50 Words Assembly**

A reminder that our Just 50 Words Assembly will be held next Wednesday. This assembly is a celebration of a whole school initiative that allows our students from P-6 to craft a short story. Writing a short story differs from writing a novel in several key ways: there is less space to develop characters, less room for lengthy dialogue and often a greater emphasis on a twist or an 'a-ha' realisation. We are excited to hear the stories that will be shared at the assembly next week.

## **Bush Kids**

Bush Kids mantra of *rain, hail or shine* kicked in this week with many seasons delivering on the one day. That didn't stop our little troopers from Kindy heading up to the bush to play, invent, negotiate and problem solve. Thanks to our volunteer parents who give their time as boundary supervisors. A reminder that hats, warm jackets and water bottles are essentials on Tuesdays for Bush Kids.

Have a great Week 6 everyone.

Regards,

Lisa Kingham, Deputy Principal









## Language and EAL/D News

## **SBS National** Languages Competition 26 Aug - 27 Sept sbs.com.au/nlc19



## Tell us how learning a language makes a world of difference to you and WIN!

SBS Radio presents the SBS National Languages Competition 2019 to encourage and celebrate a love of learning languages in Australia. We are calling out to languages learners of all ages. including those learning English.

The competition is open from Monday 26 August until Friday 27 September 2019.

## Age Groups

## Drawing and Caption Entry

Category A: Junior Primary (Aged 4 -7) Category B: Primary (Aged 8 - 12)

## Written Entry

Category C: Junior High School (Aged 13 - 15) Category D: Senior High School (Aged 16 - 18) Category E: Open (Aged 18+)

## **How To Enter**

## Step 1: Go to sbs.com.au/nlc19

Step 2: Fill in your entry form and tell us 'How does learning a language make a world of difference to you?"

Step 3: Include your written answer or caption in the language you are learning as well as an English translation (not required for English learners).

Step 4: Submit your entry

Do you attend a Community Languages Australia school? Talk to your teacher about entering. Terms and Conditions apply.

ENTER NOW: sbs.com.au/nlc19











## Language and EAL/D News continued

Thank you to all the parents and the three Year 5/6 students who read a story in another language to each class group last week as part of our Book Week celebration. It was an amazing opportunity for us to be immersed in another language and gain insight into how that feels. All the parents have commented on the great questions students asked.

We thank the parents who donated books to support us in building a bilingual section in our library. We hope to add to this very soon. We will let you know when we are ready to loan the books out through the library system. As a nice add on to our acknowledgement of additional language learning being a secret power, Madame Davies has come across a competition that may interest many of our bilingual students. Please check the following link: https://www.sbs.com.au/radio/national-languages-competition-2019

We will have a meeting in the French Room next Wednesday at recess for any interested students who may have questions.

## The 2019 School Satisfaction Surveys are being conducted this term.

Parents and carers, school staff and students (in Years 4 to 12) will be asked to participate in these important surveys. The survey results will contribute to school research and improvement processes.

Parents will be asked to complete one survey for each child they have enrolled at Aranda.

Although the survey is voluntary, we hope you will want to participate. It won't take much of your time and will help us improve our school for your child and future students. A letter or email about the parent and carer survey has been sent to you this week. The key ACT results from the 2018 School Satisfaction Surveys have been published on the Education Directorate website (www.education.act.gov.au) and a summary of our school results is provided in our 2018 School Board Report.



PRINTED IN GREAT BRITAIN -

THE WIZZERD WORLD'S BEGUILING BROADSHEET OF CHOICE

ISSUE DATE:



**EXCLUSIVE** 

ARANDA PRIMARY SCHOOL

# SATISFACTION SURVEYS

# **END**

SOON



**Parents!** 

Check your email!

Your survey has been sent to you!

HELP US MAKE THIS THE VERY, VERY BEST SCHOOL

Parents have their say!

If you have not received your survey information, please contact Bob or the front office



## The Student Voice

## **School Satisfaction Surveys have started**

By Toby G-D

It is that time of the year when Aranda primary school starts their annual satisfaction survey. This is when the school asks parents and guardians what they think about the running of the school and the education side of things.

These surveys help the school and the ACT education program know what the community wants. The surveys help inform the school on ways to improve and develop. Of course, the school cannot do everything the community wants, but they really do take your opinions into deep consideration.

It's not only parents who take the survey! The teachers and the Year 5/6 students take it too! So, you can imagine how many opinions the school has to read and take into consideration.

Therefore, taking the School Satisfaction Survey will hugely help your children and their many peers have a fun but strong education in their primary school years, and in the years to come.

## Mental Health and Wellbeing

By Abby and Lilian

Mental Health and Wellbeing is a very important thing to be taught. Our school is very lucky to have such a fabulous teacher, Lakhana Ly-Diep. Throughout the year, Lakhana has been teaching all students how to a have a mentally strong mind and quality of friendships.

Health and Wellbeing has been a priority for the school this year. We are very lucky to have Lakhana Ly-Diep answer a couple of questions related to Mental Health and Wellbeing.

Why was she interested in teaching health and wellbeing?

'I wanted to teach Mental Health and Wellbeing because I thought it was so important for people at a young age to look after their mental health and wellbeing to prepare themselves for the future.'

Why do you want the students to be taught health and wellbeing?

'I think they need to be taught this because I want students to have happier lives and be able to deal with different situations and be stronger mentally.'

Why is health and wellbeing important?

'Physical health is important but I think mental health is more important because you are able to deal with different situations. Many adults these days wish they knew about what I teach the kids when they were younger. Being a mentally strong person is vital.'

Mental health problems affect about 1 in 10 children and young people. They include depression, anxiety and conduct disorder. We are very lucky to have the whole school being taught mental health and wellbeing because not everyone is lucky enough to be taught it.

Tips for a mentally strong mind:

- If you are dealing with any mental health issues, let someone know
- Taking 10 Mindful Breaths every day is a great strategy to help you out
- If you have anxiety, tell your amygdala to not worry. (Your amygdala is a small part of your brain that causes anxiety and depression.)

info@arandaps.act.edu.au



## Who Else Works At Your School?

By Zoe and Astrid

When you think of the people who work at schools, you generally just think of Teachers and Principals (Executive Staff). But who else works at school? There are quite a few workers at a school, and even though their jobs are very important, they are hardly ever recognised.

First, let's go to the business side of things. We interviewed Alex Wrigley, the Business Manager. In her job, she does all the facilities' management, financial management, oversees the administration and helps Sam run the Front Office. Alex's favourite thing about her job is building new things in the school, such as the hall, gym and adventure playground. She found out about her job because she went to Aranda Primary and graduated in the year 2000. Her job is always very busy and probably the busiest in school. We think Alex does a great job being the Business Manager and we appreciate all the work she does to improve the school.

Our Admin Assistant is Sam. Sam works with Alex a lot and her job mostly involves school enrolments, payments for excursions and school activities and first aid, and she runs the Front Office. Sam's favourite thing about her job is getting to know all the new kids and watching them grow and achieve things in the school. She started as an LSA (Learning Support Assistant) at the Preschool with Janine for about a year, then she worked in the Front Office and never really left. The teachers and students definitely appreciate her work and we do too! Her job, like Alex's, is very busy all of the time.

Learning Support Assistants (referred to as LSAs) make teachers' jobs a whole lot easier. Our LSAs are Jo, Linda, Gail, Lindy, Katie and Brenda (our Preschool Assistant). We only got to interview Jo and Katie, but Linda, Lindy, Gail and Brenda also do a great job being LSAs and we just didn't get around to interviewing all of them. They help support teachers and students, sometimes do Front Office duties, help look after Shiloh (and take her for wees), keep the Library in order, sometimes go to the Preschool, do notes, book excursions and first aid. Jo's favourite thing about her job is everything about the Library and Katie's favourite thing is getting to work with the kids. Jo found out about her job through her sister (Bobbi Smith - Year 4 class teacher). We appreciate LSAs very much and we hope they all feel appreciated as well, they are an important part of our school.

Brian's job is very important. The school would be a wasteland without him. Brian is our BSO (Building Service Officer). His job is to pick up the bins, do maintenance around the school, clean the toilets/change the toilet paper and open and close the school. Brian's favourite thing about his job is the children. He found out about his job in the newspaper. Brian does a magnificent job and we appreciate his work around the school. We cannot thank him enough.

The cleaners make our classrooms sparkle. There are two cleaners who clean the school and unfortunately, we could only interview one of them, but he still gave us some pretty good information! Each of the cleaners vacuum, clean the inside toilets and glass doors, pick up the rubbish and sometimes clean the desks. The two cleaners clean half of the school each. He found out about his job from a friend and only cleans at Aranda Primary. We think that the cleaners do a very good job cleaning the school and should be appreciated a bit more.

All these jobs are so important at a school, imagine if we didn't have them! The teachers' rooms would be a mess, there would be no place to hand the notes in, nobody would leave the school grounds looking pristine and teachers would have their hands full trying to help everybody in the classroom. These jobs are much more important than we realise and they really tie a school together.



#### Ride Safe!

By Elodie and Awesome Bookgirlmay

'Grab a helmet that fits and grab a bike that fits too! And remember to check your ABCs!' the teacher instructed. (ABC is the bike's Air, Brakes and Chain.) Everyone ran around busily trying to get that one helmet that always fits and the perfect bike. People started to check their ABCs. I had no time to waste. I quickly grabbed a helmet that was too big and a bike that was a bit too large too. I hopped on, eager to start riding.

'Come on Year 5/6, we don't have all day! When you're ready, come down to the bike track!' I sped away down the concrete, wanting to be the first one there. Now, I am not the best rider, but I still love it! Anyway, as I sped down the path, I bumped into a rock and twisted to one side. I shot my leg out so I didn't fall. Luckily I didn't. I sighed with relief. 'That could've been bad!' the teacher called. 'Quick thinking, but next time, keep your eyes on the path and use your brakes!'

I continued down, enjoying the wind beneath me and the smell of gum trees around me. I got there and waited for everyone else. They came one by one, ever so slowly. I was dying to get on the track. So, I thought, why not get a quick ride on the track first? It won't harm anyone to get a little ride in, will it? I got on my bike and started to ride down the hilly track. I went through the gums, leaves were brushing the side of my helmet as it bobbed up and down.

A big rock was coming up ahead. I will pull on the brakes and steer around it, easy! I tugged on my brakes, but the bike didn't slow down. I flew down the track, straight into the rock.

I shot up into the air, my head snapped back because of the force. My bike twisted and started falling down again. Everything seemed to go down in slow motion. The rustling leaves, and somewhere in the distance, a cockatoo. My bike landed with a thud as my helmet flew off my head. 'Owww...' I murmured. The sunlight danced on the rocky earth as my eyelids drooped. My arm was screaming with pain but my abrupt drowsiness took over as I laid my head against a pile of leaves.

Beeeeep. Beeeeeeeeep. I opened my eyes to a blurry bright white. 'Oh honey...' my mum said softly. 'It's okay. You're okay...' I was confused, one minute I was riding a bike and now... 'Where are we?' I mumbled. 'In the hospital, dear,' she said. 'You broke your arm and you got a concussion. One of your classmates found you unconscious when he was riding his bike down the track. What happened, honey?' 'I didn't check my bike's brakes and I chose a helmet too big for me. There was a rock and I tried to stop but I couldn't and I crashed,' I said.

So, when you go for a ride on a bike, always check your ABCs. (The air, brakes and chain of your bike.). Check your helmet and listen to your teachers, but for now, happy riding!



## 50th Birthday Celebration Tours

The 50<sup>th</sup> anniversary of Aranda Primary School has provided the school with an opportunity to reconnect with former students (alumni) and staff, and the Aranda community.

As a part of the celebrations we will be conducting 45 minute tours of the school at the following times:

Wednesday, 11 September at 3.30pm

Thursday, 12 September at 10am

Friday, 13 September at 12noon

Tuesday, 17 September at 3.30pm

Thursday, 19 September at 2pm

We welcome all Alumni, family members of Alumni, former staff and members of the Aranda community to book in to attend a tour. To complete a booking please use the following link:

## https://forms.gle/tf3axZhaAFWV6dKt5

If you are unable to attend a tour we invite you to join the Aranda Primary School community on **Saturday, 26 October 2019 from 3pm till 7pm** for our 50th Year Birthday Fete.

We are also encouraging the community to share the details of the school tours, and 50th Year Birthday Fete. If you are still in contact with former students (alumni) and staff of Aranda Primary School we would appreciate your assistance in forwarding on this information.



**P&C News** 

# Week 6: Fete Update

The Fete is coming up fast, on October 26

## Now is the time to:

- Start digging out jars for making jams, and looking through toys and books to see what you can donate to the Fete Sale
- We will be calling for donations of these items soon
- The shipping container for donation drop-offs will arrive in Week 8

For more information please email arandafete@gmail.com





Dear Students and Parents/Carers

Issue 6 of the Scholastic Book Club catalogue has been sent home with your child/ren this week.

## **HOW TO ORDER**

The Book Club will be accepting orders and payments online – this means <u>no forms or money need to be returned to school</u>. Orders are submitted through the LOOP (Linked Online Order & Payment) platform on the Scholastic website, <a href="http://www.scholastic.com.au/schools/bookclub/">http://www.scholastic.com.au/schools/bookclub/</a>, or via the LOOP app.

Orders are due by 12 September 2019.

## WHAT IS SCHOLASTIC BOOK CLUB?

The Book Club is a great way to encourage reading. Once a term, students will bring home a book club catalogue with a different selection of books offered for all ages.

You'll find award-winning books and bestsellers, as well as old and new favourites. The books span a wide range of children's reading levels and interests.

## **HOW DOES ARANDA PRIMARY SCHOOL BENEFIT?**

Each order helps earn free books and teaching materials for the school, however there is never any obligation to order. As noted in the School Newsletter last term, the school has been able to purchase a variety of resources for our library and classrooms including:

- · junior and senior fiction books
- resource books and support materials
- fine motor activities and library games.

## QUESTIONS?

Please remember, the Book Club is run by parent volunteers and is independent of Aranda Primary School. If you have any questions, please contact: arandascholasticbookclub@gmail.com.



## **Canteen News**



## Special lunch

Our next special lunch is scheduled for Wednesday 25 September. This time we will be serving up spring fiesta tacos (beef, chicken or vegetarian), along with a jelly and a juice poppa for \$8.50. Flexischools will be updated in the next few days and you should be able to place orders from next week.

Special lunches are a busy day in the canteen so if you're free to help out on the day please contact Helen and Natalie: arandacanteen@gmail.com

## Over the counter

Keep your eyes out for over the counter specials!

## Cancelling your lunch order

Did you know you can cancel your child's lunch order on the day? If your child is sick or has an excursion that you've forgotten about, call the canteen ASAP on 0459 599 114. It might not be too late for a refund!

## Soups

Soup is still being served for Term 3. Soup schedule is as follows:

Week 6: carrot and sweet potato soup

Week 7: cheeky chicken noodle soup

Week 8: carrot and sweet potato soup

Week 9: cheeky chicken noodle soup

Week 10: special lunch day - no soup orders

#### Canteen accolade!

The Aranda Canteen has been identified by Nutrition Australia as a 'Canteen Role Model' and has been asked to showcase some menu items at the next Canteen Connect meeting on 17 September. A massive congratulations to Helen and Natalie for this recognition of the wonderful work they do.



Tuesday 17 September 7.00 - 8.30 pm

Centre for Teaching and Learning 51 Fremantle Drive, Stirling

## Transition to School Parent Forum

Tips for parents and carers to support children who are starting school

This forum will provide tips and resources to support you and your child's successful transition to school. Hear from experienced educators, researchers and parents who will also be happy to answer your questions.

This is a free event.

Register via email earlylearning@actparents.org.au or phone 6241 5759 by 13 September 2019

This event will also be made available as a podcast.



**ACT Council of Parents & Citizens Associations**