

# 2023 ARANDA COMPETITIVE SWIMMING CARNIVAL

(Year 2, 3, 4, 5 and 6)

8yrs old and above



The Aranda Primary Competitive Swimming Carnival will take place on **Wednesday, 22 February 2023**, at **Canberra International Sports & Aquatic Centre (CISAC) Bruce**. Below is the permission note and a link to a nomination form where students can nominate the events they would like to compete in. In line with School Sport ACT age representative guidelines, **only students born from 2011 to 2015 will be permitted to nominate as a competitor**. We will be organising the students into heats **before** the carnival date, so students must **nominate races no later than 3:30pm Wednesday, 15 February 2023**.

<b>COST</b>	\$10.00	Cost covers:	Travel	<input type="checkbox"/>	Entry	<input checked="" type="checkbox"/>	Program	<input checked="" type="checkbox"/>	Other	<input type="checkbox"/>
NOTE: Excursions are an optional enrichment activity and parents are expected to cover the costs incurred. If your child is not able to attend on the day, refunds may not be available for some or all the costs.										
<b>DATE</b>		Wednesday, 22 February 2023			<b>MEETING TIME</b>		9:00 AM			
<b>EVENT LOCATION</b>		Canberra International Sports and Aquatic Centre (CISAC) – Corner of College St and Eastern Valley Way, Bruce.								
<b>MODE OF TRANSPORT</b>		Competitors are to be dropped off at CISAC at 9:00am, where they will be met by the supervising teacher for a 9:10am start. At the completion of the carnival, students will be walking back to school with teachers. *In the case of extreme weather, parents and carers will be notified of alternative arrangements prior to the event.								
<b>PURPOSE</b>		Students in Years 3-6 and Year 2 students turning 8 in 2023 participating in competitive swimming races. <b>ONLY STUDENTS COMPETING IN RACES WILL BE ATTENDING THIS CARNIVAL.</b> <b>To nominate for swimming events please complete the Google Form using the following link by 3:30pm on Wednesday, 15 February 2023:</b> <a href="http://bit.ly/3XXuB38">http://bit.ly/3XXuB38</a>								
<b>TEACHERS IN CHARGE</b>		John Boland, Gina Mapley & Chris Wark								
<b>EQUIPMENT NEEDED</b>		Swimming apparel, towel, swimmers, swimming cap (optional), water bottle, sun-smart hat, clothing in house colours, sun cream, clothes to keep warm between races, school uniform and enclosed walking shoes.								
<b>CONTACT NUMBER</b>		6142 3030								

**FORM DUE TO FRONT OFFICE by 3:30pm Wednesday, 15 February 2023.**

**DUE TO OPERATIONAL DEADLINES FOR THE COMPETITIVE SWIMMING CARNIVAL, NO RACE ENTRIES WILL BE ACCEPTED AFTER 3:30PM ON Wednesday, 15 February 2023.**

## 2023 ARANDA COMPETITIVE SWIMMING CARNIVAL – PERMISSION NOTE

I consent to my child (name) \_\_\_\_\_ in (class) \_\_\_\_\_ to attend the Competitive Swimming Carnival at the Canberra International Sports & Aquatic Centre (CISAC) on Wednesday, 22 February 2023.

I (parent name) \_\_\_\_\_ have paid the amount of \$10.00 by:

<b>CREDIT CARD</b> (Westpac Quickweb)	<input type="checkbox"/>	<b>CASH</b>	<input type="checkbox"/>	<b>CHEQUE</b>	<input type="checkbox"/>
---------------------------------------	--------------------------	-------------	--------------------------	---------------	--------------------------

**Credit Card:** Use PAYMENTS tab on school website home page

### FEE CODE: SWIM

The school has an **Excursion Medical Information and Consent Form** on file. Please provide details of **any current medical requirements** and/or other needs of the child relevant to this excursion.

I have read all the information provided regarding this excursion and understand its contents:

**Name of Parent:** \_\_\_\_\_ **Emergency Contact Number:** \_\_\_\_\_

**Signature of Parent:** \_\_\_\_\_ **Date:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

# PERMISSION FOR INVOLVEMENT IN COMPETITIVE SWIMMING EVENTS

Teachers must be informed of the swimming ability of every child where there is water for swimming or aquatic activities. A reminder that this carnival is for competitors only.

**All students attending this carnival must be able to competently swim 50 metres.**

As a part of this assessment and to help ensure the safety of your child, please provide the following information:

Name of Child	
Child's DOB	
Year / Class	

Distance my child can confidently swim (tick):

<input type="checkbox"/>	50m
<input type="checkbox"/>	100m +

My child can confidently perform a competent dive entry under the following conditions, and I give permission for them to complete:

<input type="checkbox"/>	Wall/Bulkhead dive into 1.8m deep water.
<input type="checkbox"/>	In Water Starts only into 1.8m deep water.
<input type="checkbox"/>	Race Start from Dive Block into 1.8m deep water.



Wall/bulkhead



In Water Start



Race Start

I agree to my child taking part in competitive swimming events at the Aranda Competitive Swimming Carnival on Wednesday, 23 February 2023 at Canberra International Sports & Aquatic Centre (CISAC) Bruce.

**My child can competently swim 50 metres or more.**

Name of Parent/Carer: (please print) \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*I agree to my child participating in the activities associated with this excursion mentioned previously. I have discussed with my child the need for expected behaviour on this excursion. I authorise the school to make arrangements for the welfare of my child (including medical or surgical treatment) in an emergency and I agree to meet the associated costs. I have provided to the school all medical information relevant to my child attending this excursion.*

*I agree that my child will be under the authority of the school for the duration of the excursion and that the school is authorised to return my child to school or home at my expense if the school considers that circumstances warrant such action. I give permission for my child to travel by private car, driven by a staff member or parent, in an emergency.*

**IF MEDICAL INFORMATION HAS CHANGED PLEASE PROVIDE AN UPDATED** Excursion Medical Information and Consent Form **TO THE SCHOOL** (available for download from the school website or from the Front Office).

## ADDITIONAL INFORMATION

<b>Lunch</b>	Students will need a packed recess and lunch, plus a <b>water bottle</b> . There will be no canteen facilities available on the day.								
<b>Requirements</b>	Students will require swimmers and swimming cap, towel/s, sun-smart hat, clothing in house colours, water bottle, a jacket or something to keep warm between races, sunscreen, school uniform and enclosed walking shoes to change into before returning to school.								
<b>Swimming Competency</b>	Competitive swimmers will need to be able to swim a minimum of 50 metres unaided in a recognisable competitive stroke (freestyle, backstroke, breaststroke or butterfly).  <b>All students attending this carnival must be able to competently swim 50 metres.</b>								
<b>Permission</b>	Please complete and return the attached notes to your child's teacher and make payment by <b>3:30pm Wednesday, 15 February 2023</b> .								
<b>Spectators</b>	Parents/Carers are encouraged to attend. <b>However, spectators will be charged \$3.75 for entry to the pool by CISAC staff.</b>								
<b>Program</b>	Estimated times only: <table><tr><td><b>9:00am</b></td><td>Competitors are taken to the pool by parents and met by the supervising teachers inside the complex at 9:00am and marked off on a roll.</td></tr><tr><td><b>9:10am-1:30pm</b></td><td>Swimming events A running order of events will be sent to participants via Seesaw.</td></tr><tr><td><b>1:30pm</b></td><td>Get changed and pack up.</td></tr><tr><td><b>2:00pm</b></td><td>Walk back to school with teachers.</td></tr></table>	<b>9:00am</b>	Competitors are taken to the pool by parents and met by the supervising teachers inside the complex at 9:00am and marked off on a roll.	<b>9:10am-1:30pm</b>	Swimming events A running order of events will be sent to participants via Seesaw.	<b>1:30pm</b>	Get changed and pack up.	<b>2:00pm</b>	Walk back to school with teachers.
<b>9:00am</b>	Competitors are taken to the pool by parents and met by the supervising teachers inside the complex at 9:00am and marked off on a roll.								
<b>9:10am-1:30pm</b>	Swimming events A running order of events will be sent to participants via Seesaw.								
<b>1:30pm</b>	Get changed and pack up.								
<b>2:00pm</b>	Walk back to school with teachers.								