



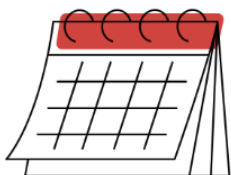
Newsletter

Executive Report

Dates to Remember:

24 March	TF Preschool Harmony Day
28 March	Belconnen Swimming Carnival (only qualified students)
3 April	Cross Country Carnival

2023 Aranda Calendar



Click this link
<https://bit.ly/31hH976> on any device to view the calendar in your browser.

Sickness reminder:

We are sending home an increasing number of children with stomach illnesses. Please remember that if your child vomits, there is an exclusion period of 24 hours – this is an ACT Health requirement.

Coming into the cooler weather, we will also start to see an increase of cold and flu symptoms. This could be a good time to remind your children about the importance of washing their hands and staying hygienic.

If you are not able to collect your child when they are sick at school, please make sure you have an accessible emergency contact listed. If you need to update your emergency contact, please email: info@arandaps.act.edu.au

Dear Aranda School community,

Term 1 is in full swing and the school is buzzing! Last week we had the Year 1's go on a local walk to Gossan Hill, where they heard a Gang Gang Cockatoo and learned that the Ngunnawal people used Gossan Hill as a meeting place and sourced ochre, Year 2 went on an excursion to the National Museum of Australia to extend their understanding of the past and present, our Year 3's and 5's just completed NAPLAN and this week has seen all our students out practising for our Aranda Cross Country carnival!



Mental Health and Wellbeing

At Aranda, Kindergarten to Year 6 participate in weekly Mental Health and Wellbeing lessons. It is essential that each student understands their different emotions and feelings and has a range of strategies to help them work through life's ups and downs.

Each week, in class and during mental health and wellbeing lessons students, in Years K - 6 have the opportunity to check in with how they are feeling and are given the time and space to have a conversation about anything that might be bothering them. This is crucial for building awareness, creating a sense of belonging and building connections.

This year, we have introduced a new evidence-based program called the Achieve Program, which caters for all students from Preschool to Year 6. The program teaches positive attitudes and social-emotional skills that develop young children's resilience, confidence, persistence, organisation and getting along.

Over the year, students will learn the following:

1. **Achievement:** Work Confidence (growth mindset), Persistence, Organisation and Teamwork
2. **Relationships:** Values, Character Strengths and Getting Along Skills
3. **Wellbeing.** Resilience and Happiness (self-awareness, self-management, ABCs of emotions, cognitive restructuring, mindfulness) and
4. **Social-Emotional Blockers:** awareness and management of anger, not paying attention, procrastination, worry and feeling down.



Important Messages

Uniform Shop

New and second hand orders can be placed online at:

<https://arandapsuniforms.square.site/>

Orders placed by 5pm Thursday are delivered to class on Friday.

Current, up-to-date information

Updated information for the education sector and other public sectors can be found on the Education Directorate's website

(<https://www.education.act.gov.au>) and

ACT Health

(<https://www.health.act.gov.au>)

Seesaw

If you are unable to access Seesaw, or do not receive communications from the school to connect your child, please contact the Front Office with your updated email address.

Canteen

The Canteen operates from Wednesday to Friday. The Canteen can be contacted via email on arandacanteen@gmail.com or phone on 0459 599 114.

Medication at School

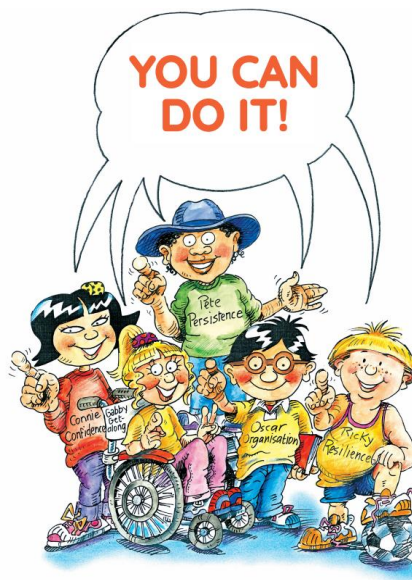
All student medication must be signed in by a parent/carer at the Front Office on arrival at school. Medication must be clearly labelled with the child's name and class. No medication is to be left in school bags during the day.

Newsletter Publication Deadline

Items for inclusion in the fortnightly newsletter must be emailed to info@arandaps.act.edu.au by 3.30pm every week on a Tuesday.

Anaphylaxis

Aranda Primary School is an ANAPHYLAXIS AWARE SCHOOL avoiding eggs and all nuts. Our policy is available on the website.



Year 4 Camp - Kianinny

From one camp to another, things are racing along at Aranda! In week 6, our Year 4 students jumped on a bus to the sleepy town of Tathra to attend their first multi-day camp at Kianinny. We love this camp as it builds on cooperation, resilience, persistence and independence. The students had the opportunity to go on a bush walk to the beach, participate in archery, kayak on Lake Kianinny and test their nerves on the flying fox. A big shout out to Bobbi, Molly, John, Phil, Scott, Lisa, Dave and Lindy for making camp happen!

Let's see what our Year 4's had to say!

On March 6, Year 4 went to Kianinny in Tathra. In the morning, everyone was a little nervous because we were 4 hours away from our parents and homes but we all had a spark of energy!

We got to roast marshmallows on a fire and it was so delicious! I also got to make one for our principal, Mr Gray. He told me that he liked it!

The flying fox was probably the best out of all. It was so much fun! My partner was Peggy and we did some crazy things like a trust fall into an upside-down spinning ball while holding hands. It was also known as the magic combo.

I liked the bus trip because I made new friends, drew people, and made them look silly. It was fun. We laughed!

Archery was great!!!! I'm pretty sad I didn't hit a duck, but that doesn't mean I didn't enjoy doing it!!! There were rubber ducks squashed against the wall with a wire net. If you hit a duck you could keep it! Below the ducks there were targets.

The beach was far by the best thing of camp. We got to learn about how to be safe at the beach and we also got a free swim! The water was so cold, but it was still fun. My friend and I were riding waves that were big. As soon as a wave was under us or behind us we let it carry us to shore.





Netball

On Tuesday, the 7 March, Aranda had two netball teams, Aranda Red and Aranda Black, attend a gala day to play five matches against other Belconnen primary schools.

Thanks to our amazing Netball coaches, Janine and Kayla, Aranda red was lucky enough to win 4 matches and tie one. Aranda Black also won four games and tied the last one. Unfortunately, both teams didn't make it to the next stage, but we did have a lot of fun on the day!

Well done to both teams!

The Aranda Black team

Phoenix, Reuben B, Eloise, Scarlett R, Alice, Beattie, Darcy, Oskar, Ollie, Lachie and Jade

The Aranda Red team

Tessa, Harriet, Aggie, Ali, Emmy, Mischa, Alma, Xavier H, Addison, Jess and Emily.

Overall, it was an amazing experience for everyone involved. We are also lucky enough to have another Gala day at the end of Term 2.

- Jess, Harriet, Emmi, Addison, Alma, Tessa, Ali and Mischa





Before School Supervision

This term, we have seen an increase in students arriving at school from 8:00 am onwards. Parents/carers are expected to be responsible for the care and supervision of students at school before 8:40 am. Teacher supervision will be provided from this time. Students arriving at school before 9:00 am are expected to wait on the multi-purpose court.

ACT Instrumental Music Program's Extension Ensembles.

A huge congratulations to the following students who successfully were chosen for the ACT Instrumental Music Program's Extension Ensembles.

- Genevieve R
- Claire S
- Caroline D
- Olive K
- Providence K
- Emma L
- Ruth M
- Lincoln N
- Melissa P
- Samantha T

The students listed were selected by audition for the ACT Instrumental Music Program's Extension Ensembles in 2023.

These ensembles are directed and administered by the Instrumental Music Program and rehearse each school week at the Instrumental Music Program's Centre in Kaleen. The ensembles will perform at school, community and directorate events throughout the year.

All the best,

Ellie Duckett



Aranda Primary School boundary fence proposal: Invitation to attend 'Open House' engagement sessions

The Education Directorate will be hosting an in-person 'Open House' consultation session for the school community on Tuesday 28 March 5-8pm in the school hall, where parents, carers and students can ask questions, gather information and provide feedback about the school boundary fence proposal.

Drop-in any time between 5pm and 8pm to speak with members of the Directorate's project team, the school executive, the P&C and others, including principals from other schools that have had fences installed.

Please contact the Education Directorate team on ACT.Education@act.gov.au if you:

- would like to be involved in planning the format of the Open House
- have any questions, or
- for accessibility reasons, cannot attend the in-person session and are interested in an online alternative – please outline your accessibility requirements so it can be tailored appropriately.

For more information, including the results of the December 2022 'temperature check' survey of the school community about the fence proposal, visit www.arandaps.act.edu.au/proposed_boundary_fence

EAL/D News

Thank you to everyone who organised and participated in our Harmony Day celebrations this week. It is always a positive day that enables us to share in our rich tapestry of family backgrounds. The respect and kindness, curiosity and enthusiasm, pride and wonder was evident throughout the varied activities and year groups on Tuesday. Thank you to the Harmony Day committee and all the parent and student volunteers who stepped up to educate us about culture, language and a love of music. Good luck to the Quolls preschool class for their celebration day tomorrow. It was lovely to see so many EAL/D parents and relatives at our before school meet and greet so we could warmly welcome all our new EAL/D families to Aranda.



Here are some of the things the children had to say about Harmony Day -

I loved when my mum comed into my class and she teached everyone a different language. Evie Kinder

I liked the parade on the basketball court and seeing all the people dress up. There was like millions of colour. Felix Year 1

I liked writing my name on a love heart and sticking it on the Belonging Tree. I liked when my mum came in and we talked about a rhyme from Pakistan. Zummer Year 2

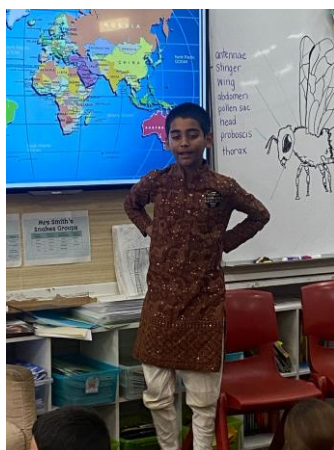


My favourite was doing the Kahoot Quiz. It was guess which teacher? I liked the parade, too. Methuka Year 3

Harmony Day was amazing! We all got to dress up and tell nursery rhymes in our own languages. Skandan Year 4

I liked seeing the costumes of different cultures. I brought in two fans and people thought they were really fascinating. Mary Year 5

Liked how everybody dressed up and were proud to show their cultural costumes. Vishwa Year 6



For those families observing Ramadan, please let us know if your child/ren are participating in fasting so we can best care for them.

Please remember to update your details with the front office in the event of changing your phone number or moving house. We need the current contact details for every child, especially with medical emergencies.

Kind regards,

Sandy

Junior Choir Accompanist Needed

The Aranda Junior School Choir is hoping to recommence on Tuesday mornings at 8:30 am in the Music Room in term two, beginning in week 2 due to ANZAC Day public holiday in week 1. To do this, I am seeking a piano accompanist to assist with the music and children's development. Without a piano, I believe the choir cannot progress with rigour and spark.

If you are an accomplished pianist and can commit to every Tuesday from 8:30 am until 9:00 am, I would like to hear from you. Throughout the past 9 years, a parent and grandparent from our school community has joined us in our merry music-making. It has been a most successful and warm way to develop the children and broaden their sense of belonging.

We begin on Tuesday 2nd May in week 2, term 2 at a cost of \$5 per child and conclude on Tuesday 28th November in week 8, term 4.

Please send an email to the address below and we will make a time to discuss this further,

Thank you in advance,

Melissa Alexander

melissa.alexander@ed.act.edu.au



Aranda Primary School

French Event



24 March 2023

4 TO 6PM



66 McCaughey St, Turner, 2612, ACT
(+61) 2 6257 6696